

## 2009 GIRLS VOLLEYBALL CALENDAR

Mission Hills Grizzlies

8-20-09 Subject to change

Date	Sun	Mon	Tue	Wed	Thur	Fri	Sat
8/16-8/22		Try outs 9am to 11	Try outs 9am to 11	Gym Closed	Practice 9am to 12	Practice 9am to 11	
8/23-8/29		Practice F/jv 3-5 V 3-6	Practice F/jv 3-5 V 3-6	Practice F/jv 3-5 V 3-6	Practice v-9-12 f/jv 3:15-5	Practice F/jv 3-5 V 3-6	
8/30-9/5		Practice (everyday after school)	Practice	<b>Scrimmage</b> <b>V-Vista</b> <b>JV-MH</b> <b>F-RBV</b>	<b>Scrimmage</b> <b>V-ESCO</b> <b>JV-SP</b> <b>Frosh-MH</b>	Practice 3:00 to 4:30 (all teams)	
9/6-9/12		Holiday! <b>No Practice</b>	Practice	practice	practice	practice	
9/13-9/19		practice	practice	practice	<b>MH @ SM</b> <b>F/JV3:30</b> <b>V 4:45</b>	Frosh & JV set up tourney,  Varsity leaves for Palm Springs 12pm	<b>Grizzlies</b> <b>Frosh</b> <b>Season</b> <b>Opener</b> (JV work tourney) <b>Varsity</b> <b>Palm</b> <b>Springs</b>
9/20-9/26	Varsity home by 2pm	practice	<b>practice</b>	practice	<b>Varsity</b> <b>Only vs</b> <b>Anchorage</b> <b>Alaska</b> F/jv help run match	VARSITY LJHS Beach City Tourney host MHHS	Varsity LJHS Beach City Tourney (JV works at MH)
9/27-10/3		practice	<b>Vista at MH</b> <b>F/JV3:30</b> <b>V 4:45</b>	practice	RBV @ MHHS	practice	
10/4-10/10		practice	<b>practice</b>	<b>1<sup>st</sup> League</b> <b>Match</b> <b>LC @ MH</b>	practice	<b>MH @ TP</b> <b>F/JV3:30</b> <b>V 4:45</b>	
10/11-10/17		practice	practice	<b>MH @ SP</b>	practice	<b>MH @ ES</b>	
10/18-10/24		practice	practice	<b>FA @ MH</b>	practice	<b>MH @ LC</b>	
10/25-10/31		practice	practice	<b>TP @ MH</b>	practice	<b>SP @ MH</b>	<b>Grizzlies</b> <b>JV Season</b> <b>Finale (9<sup>th</sup></b> <b>and Var</b> <b>work)</b>
11/1-11/7		<b>MH@FB</b> <b>Sr. night</b> <b>4:30 start</b>	practice	<b>ES @ MH</b> <b>senior night</b> <b>4:30 Start</b>	practice	Frosh & JV Lockers, uniform, vote	<b>CIF</b> <b>Seeding</b> <b>Meeting</b>