

Mission Hills High School, Mission Hills Church & the City of San Marcos present



SATURDAY, SEPTEMBER 25 • 6PM

***Exciting community and school 5k evening races to benefit
San Marcos Schools and the City of San Marcos Parks and Trails***

Sponsored by 
www.runningcenters.com

**RACES WILL BE HELD AT HOLLANDIA PARK IN SAN MARCOS
Parking at Mission Hills Church • 700 Borden Rd, San Marcos, CA 92069
Overflow parking at Mission Hills High School • watch for directional signage**

www.sundown5K.com

FIRST NAME _____ LAST NAME _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

AGE _____ GENDER _____ BIRTH DATE _____

PHONE (____) _____

EMAIL ADDRESS _____

COMMUNITY DIVISION _____ OPEN MEN'S _____ OPEN WOMEN'S
(please check one) _____ BOYS (17 and under) _____ GIRLS (17 and under)

RACE FEES (non-refundable)

_____ \$20 before race day
_____ \$25 on race day
_____ \$10 under 14 years
Includes goodie bag & prize drawing entry

**Race day registration & number
pick up will begin at 4:00 pm at
booths located in the Mission Hills
Church parking lot.**

RACE EVENTS:

**6:00 pm Community Run/Walk
7:00 pm High School XC Races**

CHECKS PAYABLE TO: Mission Hills Cross Country

MAIL TO: Mission Hills High School/Cross Country, 1 Mission Hills Ct, San Marcos, CA 92069

Waiver must be signed before entry is accepted. I, the undersigned, understand that there are risks and hazards associated with strenuous races of this caliber. These risks include terrain, weather, physical condition of the runner, vehicles, and proper or improper hydration and preparation. As consideration for the right to participate in the above event, I agree that I, my assignees, heirs, guardians and legal representatives will hold the City of San Marcos and its employees, Mission Hills High School, San Marcos Unified School District, Mission Hills Church, members of the Race Committee, and all promoters, sponsors, and individuals connected with this event harmless from and against any and all liability for any injury or damage which may be suffered arising out of or in any way connected with my participation in this activity. I understand that running is a potentially dangerous sport that can result in serious injury or death. I understand the City of San Marcos has no insurance for the participant's benefit. I also understand that the City may also take photographs for use in City publications, web sites, and news releases without my further written consent, and that this waiver constitutes my consent for the City's use of the same. I have carefully read this release and fully understand its contents.

Participant Signature (Parent/guardian must sign for those under 18) _____ **Date** _____