



THE MISSION HILLS SHOWDOWN AT SUNDOWN

San Diego's Only Nighttime Invitational.
races will start at 7pm

When: September 26th, 2009. 7pm-9pm. A community race will run just before the High School division.

Details: Entire course will be lit through stadium lighting at the school and the Park, along with 4000 Watt light generators in the few areas that will need a little extra lighting

Where: Mission Hills High and Hollandia Park

Length: **5k for both Boys and Girls**

Terrain: 30% concrete, 30% Grass, 40% Dirt

Contact: ryan.sharp@smusd.org or 760-290-2700 x3860

Address: 1 Mission Hills Ct., San Marcos, Ca 92069

www.sundown5k.com (Coming soon)

Please confirm via email 1st, and then send in the paperwork below

Team _____

Coach Name _____

Coach Email _____

Coach Phone # _____

School Enrollment _____

Levels (circle) **Girls: JV Var Boys: JV Var**

Entry fee (\$60 per level, max of \$240) _____